

Welcome to the **MALO CLINIC Referrals Membership Program!**

What is the **MALO CLINIC Referrals Membership Program?**

As experts in the fixed rehabilitation of edentulous patients, patients from all over the world are referred to the MALO CLINIC on a regular basis; the majority of these patients are cases with extremely limited bone volume.

That is why we created the **MALO CLINIC Membership Program.**

The main purpose of this service is to assist referral Doctors in the rehabilitation of those cases which require a different surgical or prosthetic approach or involve a higher surgical expertise.

Who refers to MALO CLINIC?

Referral Doctors are international and national dentists with whom we share a common objective: treat our patients with the highest level of quality in order to guarantee success. Together we are a team!

What is needed to refer a case?

We need you to send us the following exams of your patient(s):

- Orthopantomography (strictly necessary)
- Dental CT Scan (strictly necessary)
- Picture of full smile without denture (can be performed at MALO CLINIC Lisbon)

This data can be sent by email to:
referrals@maloclinics.com

or by post to:
Referrals Department
MALO CLINIC
Avenida dos Combatentes, 43
Piso 11
1600-042 Lisboa
Portugal

After we've received your patient's exams we will send you our treatment plan proposal and estimated cost. Please be advised that costs may change due to the surgery difficulty level.

The MALO CLINIC Protocol Revolution

We no longer perform bone grafting procedures for both maxilla and mandible rehabilitations. The MALO CLINIC Protocol avoids these uncomfortable, expensive and complex surgeries by placing implants using a state-of-the-art surgical concept (All-on-4[®] Surgical Protocol).

Bone graft surgeries are in general too invasive, present a high morbidity and delay the rehabilitation due to the required healing period.

The Standard All-on-4[®] Surgical Protocol is used for most mandible cases and some of the maxillary cases. If the CT-Scan reveals an atrophic maxilla and/or mandible, we will use the High Skilled All-on-4[®] Surgical Protocol. Should the CT-Scan show an extremely atrophic maxilla we will use either the Hybrid or the Extra-Maxilla All-on-4[®] Surgical Protocol.

In the Hybrid All-on-4[®] Protocol surgery, implants with maxillary and zygomatic anchorage are used. As for the Extra-Maxilla All-on-4[®] Surgical Protocol, only zygoma bone is used for the anchorage of a total of 4 implants. Both techniques have a higher degree of difficulty that represents a slight increase in the treatment plan cost. The need to perform surgery under general anaesthesia is assessed based on the case's level of difficulty and the patient's general evaluation (this last item is established by the referral doctor).

The exams can be performed at our clinic (in this case your patient should arrive one day earlier) or we may send you the list of necessary additional exams, and you send us back the results.

MALO CLINIC Protocol (Standard All-on-4® Surgical Protocol + MALO CLINIC All-Acrylic Bridge)

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Maxilla Rehabilitation



Mandible Rehabilitation

FOR FURTHER INFORMATION, YOU MAY CHECK THE LIST OF SCIENTIFIC PUBLICATIONS & CLINICAL ARTICLES PUBLISHED BY OUR CLINICAL TEAM, AT THE END OF THIS DOCUMENT.

What is included in the MALO CLINIC referral services (surgical stage)?

The price for the MALO CLINIC Protocol first stage (surgical procedure) is established based on the radiological analysis of your patient's data and includes:

- The All-on-4® surgical procedure;
- The temporary acrylic prosthesis/prostheses (MALO CLINIC All-Acrylic Bridge);
- The medication given to the patient as stipulated by our protocols (pre and post-surgical – please refer to appendix I for further details);
- Anaesthesiologist, pharmacy products and equipment needed (in case Hybrid/Extra-maxilla All-on-4® Surgical Protocol techniques are required and if needed);
- Sedation if the patient so desires (for Standard All-on-4® Surgical Protocol cases);
- All necessary imaging exams (OPG, additional CT-Scan);
- 3 nights hotel accommodation for the patient, accompanying person and the referral doctor at a four stars hotel, with breakfast included ;
- Transfer airport/hotel/airport;

Reference Values:

All-on-4® Extra-Maxilla: 20.500€

All-on-4® Hybrid: 18.000€

All-on-4® Standard Maxilla: 15.500€

All-on-4® Standard Mandible: 10.500€

The amount established (according to the treatment plan) should be transferred by you - or by your patient should you wish to - to the below bank account, at least 72 hours prior to the surgery:

Account Number: 0660 0125 0003

NIB: 0007 0066 00001250003 17

IBAN: PT50 0007 0066 0000 1250 0031 7

SWIFT/BIC: BESCPTPL

Prices charged are usually confidential; we will not inform the patient of the surgery cost or contact directly with him/her unless you ask us to. You are the patient's Doctor and we assume this is just one of the stages of the treatment and you will likely charge the full rehabilitation treatment to your patient.



You are welcome to accompany your patient and attend the surgery and try-ins until the delivery of the immediate prosthesis. Even if it is not possible for you to accompany your patient you will receive detailed information on his/hers condition including a post-operative OPG and detailed information about the type of implants and abutments used.

We will also send you a post-operative cast model duplicate.

As a precaution we will also keep a key for a possible temporary prosthesis duplication, should this be necessary.

How many days does your patient need to stay with us for the surgical stage?

Your patient needs to stay up to 3 consecutive days in Lisbon for the surgical stage:

- 1 day for the pre-operative appointment;
- 1 day for the surgery – this appointment is typically booked for early in the morning and the patient usually stays at the clinic until the end of the day, leaving after the placement of the immediate bridge(s);
- 1 day for occlusion adjustments on the immediate prosthesis/prostheses delivered on the previous day (if needed).

Post-surgery

10 to 15 days after surgery the patient will have the following appointments back at your office: suture removal and oral hygiene. These appointments may be performed by us if you so desire, with no additional cost (in this case the patient will need to extend his stay or return a second time; all additional travel/accommodation expenses will need to be covered by the patient).

MALO CLINIC Protocol - Final Prosthetic Rehabilitation Services Included & MALO CLINIC Bridge Appointment Protocol

The final prosthesis can either be done by you with the help of our prosthetic and laboratory departments (a special 10% discount is offered off the regular price), or may be done entirely by the MALO CLINIC Lisbon Prosthodontics department.

For the maxilla final rehabilitation there are two options that can be presented to the patient: the MALO CLINIC Ceramic Bridge and the MALO CLINIC Acrylic Bridge.

The MALO CLINIC Ceramic Bridge is the epitome of biomedical engineering combined with CAD\CAM technology to provide patients with precision implant supported functional replication of the natural dentition; individual ceramic crowns are supported by a titanium infrastructure with an acrylic gingiva characterization.

The MALO CLINIC Acrylic Bridge follows a similar concept also having a titanium infrastructure with an acrylic gingiva characterization that supports acrylic teeth.

Please note that for the mandible final rehabilitation only the MALO CLINIC Acrylic Bridge can be considered.

These prostheses have different production timeframes – see appointment basic outlines for detailed information – and costs.

MALO CLINIC CERAMIC BRIDGE **8.000€** **Appointment Protocol – Basic Outline**

1st Visit | Duration: 1 week
2nd Visit | Duration: 4 days

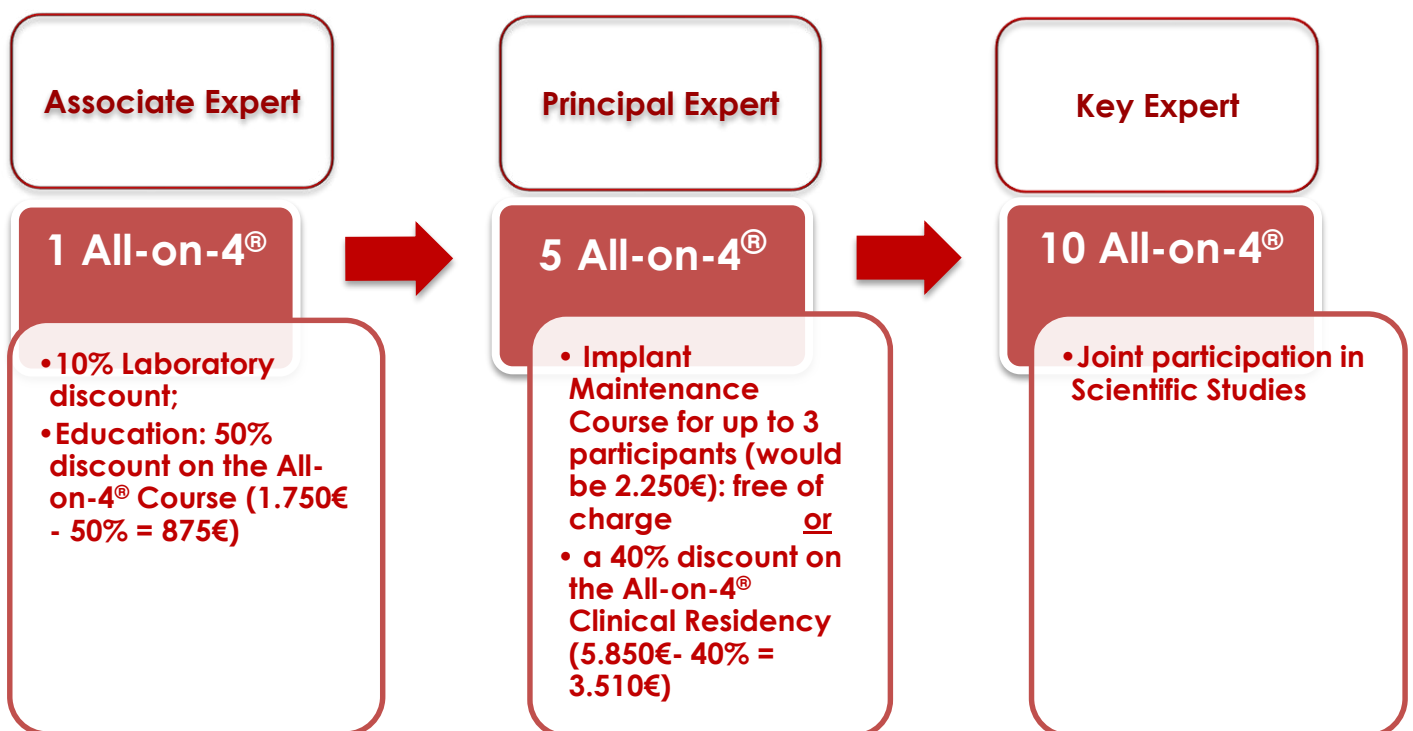
MALO CLINIC ACRYLIC BRIDGE **3.500€** **Appointment Protocol – Basic Outline**

One Shot | Duration: 1 week

What are the benefits of being a referral Doctor?

The **MALO CLINIC Referral Membership Program** is not only focused on treating patients; we want to establish a relationship with you and provide you and your team with the skills to treat any emergency that may occur with your patients as well as to ensure that you are able to provide the same type of service and follow up to your patients that we provide ours.

We have established a set of benefits for our referrals which you can accumulate over a period of three consecutive years:



List of scientific publications & clinical articles published by the MALO CLINIC Clinical Team

Scientific Publications in peer-review journals

[Download here](#)

Referred Patients Testimonials

"First of all I would like to thank you and everyone at MALO CLINIC for looking after me so well, you made us feel very welcome and gave me confidence that the operation would be a success. Everyone we met in Portugal was very helpful and extremely friendly and as it was our first visit to Portugal we were very impressed. If you ever come to Scotland I hope we can do the same for you..."

Thanks again for everything.

Kathleen Millar"

Referral Doctors Testimonials

"MALO CLINIC has the experience, the facility and the 'know-how' when it comes to treating patients with the All-on-4 technique. I've worked with them on numerous occasions and both my patients and I have always been pleased with the outcome!"
Dr. George Danciu, Romania

"Although I routinely treat patients utilizing the All-on-4 approach, for the occasional patient with severe atrophy, I highly recommend the providers at MALO CLINIC. Their clinical team and their resources are the best in the world, and that's what I want for my patients!"
Dr. Andy Chan, Hong-Kong

"All-on-4 is today's standard for treatment of the edentulous. For the more difficult cases, I'd suggest consulting with MALO CLINIC, as they are the leaders in this arena and they have the experience to handle even the most challenging of cases."
Dr. Dominic Siu, Hong-Kong

"I went with my patient to MALO CLINIC for her All-on-4 surgery and was simply amazed....not only were the doctors exceptional... the facility itself was simply spectacular. They have redefined 'quality care'. I'd urge anyone considering All-on-4 for their patients with challenging cases to work with them and take advantage of all they have to offer."
Dr. Olivier Dupont, France

" Their help with treatment planning and surgical expertise, as well as the laboratory support I've received from MALO CLINIC Ceramics, has made these challenging cases extremely simple. I highly recommend their services to any restorative dentist in the country who'd like to offer the All-on-4 implant solution to their patients!"
-Dr. David Christensen - Waldwick, NJ, USA

"All-on-4 is the fixed alternative to edentulism so many patients dream about and desperately seek. The team has helped me make that dream possible for my patients and no doubt, can do the same for yours."

-Dr. Edward Feins - Northvale, NJ, USA

"The specialists are truly experts in treatment planning and performing the 'initial phase' of treatment. Their staff is exceptional at being able to coordinate care for patients coming in from out-of-state."

-Dr. Alan Wolcott - Silver Spring, MD, USA

Appendix I

Medication Protocols

IMPLANT SURGERY WITH MALO CLINIC PROTOCOL | ALL-ON-4®

■ TOTAL REHABILITATION WITH IMMEDIATE FUNCTION IMPLANTS

MEDICATION

MEDICATION	Clonixin 300mg	Amoxicilin + Clavulanic acid 875+125mg	Prednisolone 20mg	Ibuprofen 600mg*	Diazepam 10mg	Omeprazol 20mg
Surgery day	1 pill	1 pill every 12h	1 pill		1 pill	1 pill
Day 1 after surgery	SOS	1 pill every 12h	1 pill			1 pill in morning
Day 2 after surgery	SOS	1 pill every 12h	1 pill			1 pill in morning
Day 3 after surgery	SOS	1 pill every 12h	1 pill			1 pill in morning
Day 4 after surgery		1 pill every 12h		1 pill every 12h		1 pill in morning
Day 5 after surgery		1 pill every 12h		1 pill every 12h		1 pill in morning
Day 6 after surgery		1 pill every 12h		1 pill every 12h		1 pill in morning
Day 7 after surgery		1 pill every 12h				1 pill in morning

*take with food

Relevant instructions for the days following the surgery

- After surgery apply pressure with a sterile swab for around 30 minutes and repeat this for 15 minutes every time you feel bleeding.
- Apply an ice bag covered with a towel in the region of the face matching the surgical area during 15-minutes periods, followed by 10-minutes breaks, whenever possible, during the three days following the surgery.
- Avoid gargling, spitting or making sucking movements during the first 24 hours post-surgery, due to the risk of triggering blood clot dislocation, causing bleeding and consequently delaying the cicatrization process.
- Keep the tongue away from the operated area.
- Rest as much as possible.
- Sleep with an additional pillow, keeping the head higher than the body, in order to reduce the edema.
- On the day after the surgery you should gargle with the mouthwash given and massage the gum with a toothbrush and gel twice a day, morning and evening. It is natural that cleaning the surgical area might cause some pain or mild bleeding during the first days.
- During the first three days eat soft and cool food. Progressively introduce harder and hotter foods. During the period of implants' cicatrization (4-6 months) avoid hard and sticky foods such as bread, grilled meat and all types of nuts.
- During the postoperative period (7-10 days) it is natural to present some swelling or bruising on the face and neck, which might vary in degree. You might also feel pain, limitation of mouth opening and general discomfort. During this period, you should not make physical exercise or activities that require being with your head down.
- Stitches may cause some irritation or tension. These symptoms are normal and this sensation disappears after the stitches are removed, 10 days after the surgery.
- We recommend that you do not smoke or consume alcohol during the postoperative period (7-10 days).
- It is important to avoid sun exposure.
- Try to follow correctly the medication protocol given. In case you have any doubts, please do not hesitate to contact MALO CLINIC through the contacts mentioned in the footer.
- Do not drive, handle machines or drink alcohol until 24 hours after the surgery, if you have been subjected to General Anesthesia.

We are entirely at your disposal to clarify possible doubts not considered in this document. It is a pleasure for us to take care of your Oral Health.

IMPLANT SURGERY WITH MALO CLINIC PROTOCOL | ALL-ON-4®

■ TOTAL REHABILITATION WITH IMMEDIATE FUNCTION IMPLANTS

MEDICATION [penicillin allergy]

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IMPLANT SURGERY WITH MALO CLINIC PROTOCOL | All-on-4[®] (with Zygomatic implants)

MEDICATION

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- On the day after the surgery you should gargle with the mouthwash given and massage the gum with a toothbrush and gel twice a day, morning and evening. It is natural that cleaning the surgical area might cause some pain or mild bleeding during the first days.
- Apply saline nasal wash (sodium chloride) 3 times per day.
- During the first three days eat soft and cool food. Progressively introduce harder and hotter foods. During the period of implants' cicatrization (4-6 months) avoid hard and sticky foods such as bread, grilled meat and all types of nuts.
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