IMMEDIATE DENTOALVEOLAR RESTORATION COURSE

IDR Experts PORTUGAL - 2027

Program Chair:
José Carlos Martins da Rosa

Venue:
Lisbon - Portugal

Date:
2027

IDR Expert:

This is the "IDR Expert" for you that is interested in having the unique IDR course and to get the best outcomes in the treatment of compromised sockets. This technique has been used by thousands of professionals around the world with excellent long-term clinical results. Thereby, we invite you to be part of this journey through modern implantology to join us in offering the best to your patients in the treatment of such challenging cases, especially when it happens in the esthetic zone.

To do this, we have created a comprehensive course with a special hands-on to learn how to use all types of maxillary tuberosity (MT) grafts (hard, soft or combined tissue grafts) to treat very challenging clinical cases with or without gingival recession in combination with severe bone loss. Are you ready for this?

Thus from now on if you intend to be part of this IDR experience you need to have the IDR hands-on course with us in Portugal. As soon as you finished the training you are ready to apply the IDR technique in your patients. You will be trained from de developer of the IDR technique (Dr José Carlos Martins da Rosa) to deal with compromised sockets regardless of the extension and severity of bone loss using the gold standard bone graft: the MT graft. Dr Rosa has more than 20 years of experience on this topic. We intend to teach you all the possibilities of graft from MT donor graft area as bone and soft tissue grafts. With this new program, participants will be able to perform all the steps of the technique on IDR special models and to achieve the best training on IDR technique. Come to live this amazing experience with us.

SUMMARY OF THE COURSE:

Single-tooth replacement in the esthetic zone has been one of the most common indications for dental implant placement. Compromised teeth are removed using atraumatic principles and immediately replaced by an implant-supported provisional restoration, with excellent esthetic, biological, and functional results.

However, in cases of compromised sites with bone loss/gingival recessions, the clinical scenario presents a different dilemma. Until now, all developed surgical recommendations required long-term treatment with possible undesirable complications in the tissue architecture.

The Immediate Dentoalveolar Restoration (IDR) is a surgical and prosthetic technique established to broaden indications for immediate loading on individual teeth. In this way, tissue losses with varied extensions are reconstructed in the same surgical session of implant placement and provisional crown installation, reducing the number of interventions and keeping predictability on esthetic aspects. The IDR protocol was developed more than 20 years ago from the need to minimize the treatment time and morbidity of reconstructive procedures used in these cases.

In this course we discuss the scientific basis, the step-by-step technique and indications. The IDR technique, which advocates minimally invasive surgery, flapless procedures, is presented as a viable and reproducible alternative.

Several clinical cases will be presented showing one or more compromised socket walls of the tooth involved, with or without gingival margin changes, with long-term clinical, radiographic, and CT scan follow-up.

PROGRAM:

1. Presentation of the Immediate Dentoalveolar Restoration technique - IDR
2. Classification of alveolar bone defects
3. Diagnosis and indications of the IDR technique for compromised socket
4. Protocol for selection of implant diameter in post extraction sites - A new approach
5. Intact socket approach
6. Making the ideal temporary restoration
7. IDR protocol using cortico-cancellous graft
8. IDR protocol using using triple graft
9. Bone biology of Immediate Dentoalveolar Restoration
10. Maxillary tuberosity as the main donor area of bone and soft tissue grafts
11. IDR full digital workflow
12. IDR and Osseodensification
13. How to treat cases in molar areas related to the remaining interdental septum
14. Application of the IDR technique in cases of loss of papilla
15. How to treat cases with large incisive nerve foramen
16. Complications and how to avoid them
17. Hands-on using using cortico-cancellous graft
18. Hands-on using using triple graft
19. Discussion & final conclusions
20. Handing out certificates

HANDS-ON:

The main goals of the IDR hands-on are to demonstrate improvement of the practitioner's management of compromised fresh extraction sockets in the esthetic zone; to explain the step-by-step, indications, and advantages of de IDR concept; to describe how to obtain an autogenous bone graft from maxillary tuberosity in the easiest way possible; and to review the management of the graft and complete reconstruction of the alveolar defects. In the IDR hands-on the participants will be able to apply all the steps related to the technique on the IDR models specially developed for this course.

PROGRAM:

Day 1 - Theoretical Sessions

Time	Topic
8:00 AM – 10:00 AM	**Welcome & Introduction** **Lecture / Discussion:** Presentation of the Immediate Dentoalveolar Restoration technique - IDR Diagnosis and indications of the IDR technique for compromised sockets
10:00 AM – 10:30 AM	*Coffee Break*
10:30 AM – 12:30 AM	**Lecture / Discussion:** Classification of alveolar bone defects Protocol for selection of implant diameter in post extraction sites
12:30 PM – 2:00 PM	*Lunch Break*
2:00 PM – 4:00 PM	**Lecture / Discussion:** Intact socket approach IDR protocol using cortico-cancellous graft Making the ideal temporary restoration
4:00PM – 4:30 PM	*Coffee Break*
4:30 PM – 6:00 PM	**Lecture / Discussion:** Influence of periodontal biotype on infected sites in the treatment plan with IDR

Day 2 – Theoretical Sessions

Time	Topic:
8:00 AM – 10:00 AM	**Lecture / Discussion:** IDR full digital workflow
10:00 AM – 10:30 AM	*Coffee Break*
10:30 AM – 12:30 AM	**Lecture / Discussion:** IDR protocol of hard and soft tissue damaged using Triple graft
12:30 PM – 2:00 PM	*Lunch Break*
2:00 PM – 4:00 PM	**Lecture / Discussion:** Bone biology of Immediate Dentoalveolar Restoration
4:00 PM – 4:30 PM	*Coffee Break*
4:30 PM – 6:00 PM	Maxillary tuberosity as the main donor area of bone and soft tissue grafts

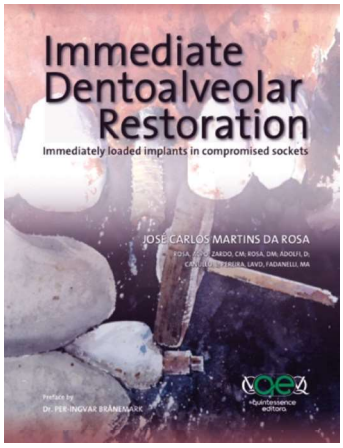
Day 3 – Hands-On Workshop Day

Time	Topic
8:00 AM – 10:00 AM	**Hands-On Workshop:** Compromised Socket (**Cortico-cancellous Graft**) Part I.
10:00 AM – 10:30 AM	*Coffee Break*
10:30 AM – 12:30 AM	**Hands-On Workshop:** Compromised Socket (**Cortico-cancellous Graft**) Part II.
12:30 PM – 2:00 PM	*Lunch Break*
2:00 PM – 4:00 PM	**Hands-On Workshop:** Compromised Socket (**Triple Graft)** Part I.
4:00 PM – 4:30 PM	*Coffee Break*
4:30 PM – 6:00 PM	**Hands-On Workshop:** Compromised Socket (**Triple Graft)** Part II.

Day 4 – Theoretical Sessions

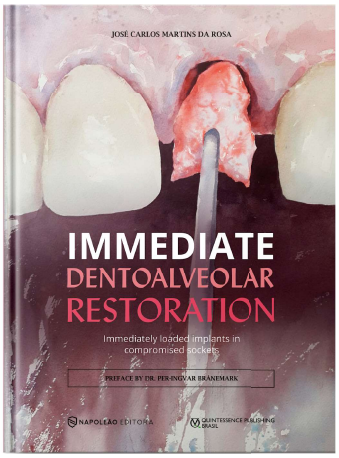
Time	Topic:
8:00 AM – 10:00 AM	**Lecture / Discussion:** IDR protocol of reconstruction of two or more bone walls using Cortico-cancellous graft
10:00 AM – 10:30 AM	*Coffee Break*
10:30 AM – 12:30 AM	**Lecture / Discussion:** IDR and Osseodensification How to treat cases in molar areas related to the remaining interdental septum
12:30 PM – 2:00 PM	*Lunch Break*
2:00 PM – 4:00 PM	**Lecture / Discussion:** Application of the IDR technique in cases of loss of papilla
4:00 PM – 4:30 PM	*Coffee Break*
4:30 PM – 6:00 PM	**Lecture / Discussion:** How to treat cases with large incisive foramen Complications and how to avoid them Discussion & Final Conclusions Handing out Certificates

THE IDR BOOK



The Immediate Dentoalveolar Restoration was also theme of the book of the same name launched in Portuguese, Spanish, English and Mandarim by Quintessence Publishing.

The **new edition** of the IDR book completely renewed and updated was already launched by Quintessence Publishing.



THE AUTHOR OF THE BOOK

José Carlos Martins da Rosa

- Graduation course in Dentistry, Federal University of Santa Maria – UFSM – Santa Maria/RS – Brazil, 1988.
- Specialization course in Periodontics, Associação Paulista dos Cirurgiões-Dentistas – APCD – Bauru/SP – Brazil, 1991.
- Specialization course and Master of Science in Prosthesis, CPO SLMandic – Center of Dental Research São Leopoldo Mandic – Campinas/SP – Brazil, 2005.
- PhD in Implantology, CPO SLMandic – Center of Dental Research São Leopoldo Mandic – Campinas/SP – Brazil, 2014.
- Author of the book: "Immediate Dentoalveolar Restoration - IDR" by Quintessence Publishing.
- Published over 35 referenced articles and 14 book chapters on IDR Technique
- Editorial Board of many Journals.
- International speaker in more than 60 countries.